

# RE-FRAME, RE-IDENTIFY & RE-ENERGIZE: PROFESSIONAL LIFE AFTER THE STORM

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**KANSAS STATE UNIVERSITY-FOUNDER & EXECUTIVE DIRECTOR OF MILITARY & VETERANS AFFAIRS**

## Portfolio

KANSAS GOVERNOR'S MILITARY COUNCIL- APPOINTED MEMBER

U.S SENATE VETERANS AFFAIRS COMMITTEE – EXPERT WITNESS ON VETERAN TRANSITION/WELL BEING

INVICTUS CONSULTING LLC – FOUNDER & PRINCIPAL CONSULTANT

GREAT PLAINS INNOVATIONS LLC – MANAGING DIRECTOR

USO KANSAS – BOARD CHAIRMAN

KATIE'S WAY DTMS AND ADULT PSYCHIATRY – MILITARY CARE - PARTNER

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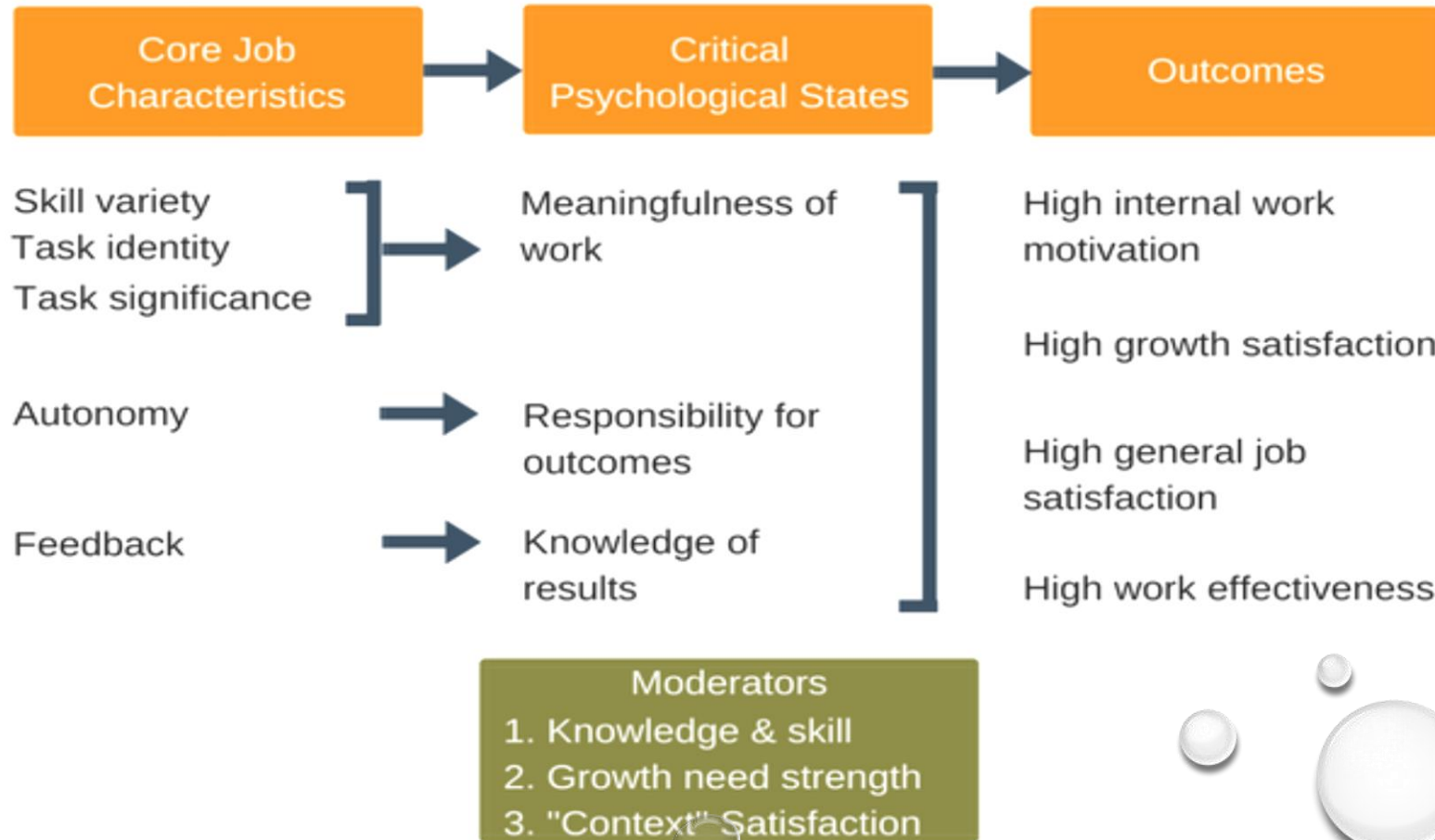
# TOPICAL AGENDA

- PANDEMIC AS A ONCE IN A **LIFETIME OPPORTUNITY** FOR PERSONAL/PROFESSIONAL CHANGE
- THE ROLE OF **WORK** IN OUR LIVES – SOME PERSPECTIVES RELATED TO PROFESSIONAL DEVELOPMENT
- **RE-FRAMING** YOUR LIFE & WORK - SOME THEORETICAL MODELS
- **RE-IDENTIFYING** YOURSELF FOR RENEWED SUCCESS AND HAPPINESS
- **RE-ENERGIZE** YOURSELF - SOURCES OF NEW ENERGY
- DISCUSSION

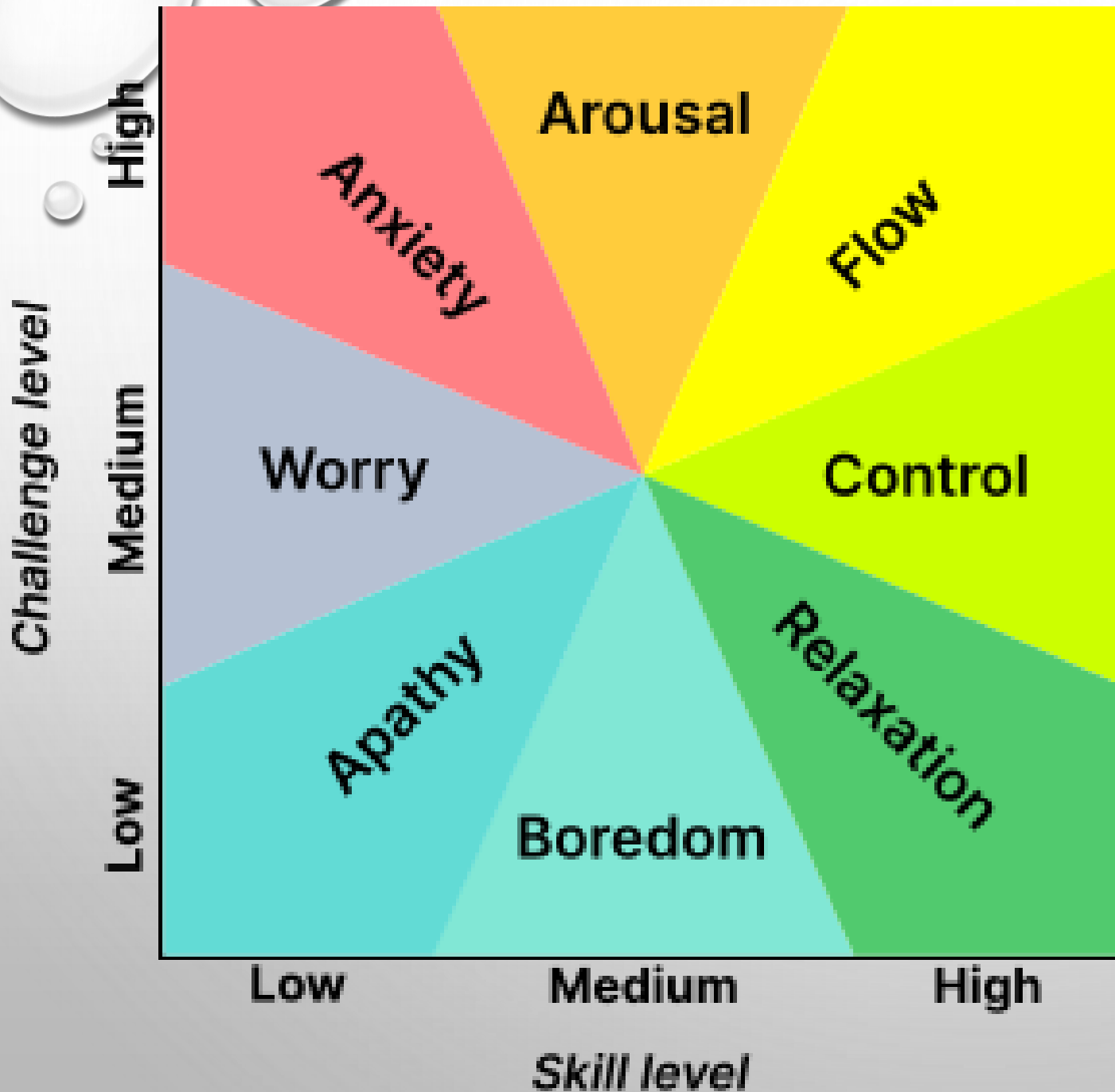
# COMPELLING IMPLICATIONS OF THE NEW WORK WORLD

- WORK IS BECOMING MORE OF AN **ACTIVITY** THAN A PLACE..
- WORKING INDEPENDENTLY REDUCES PROFESSIONAL **SIMULTANEOUS EMOTIONAL CONNECTION**.. A VITAL ELEMENT OF PSYCHOLOGICAL WELL-BEING
- HOW IS BEING CONSIDERED A “GREAT EMPLOYEE” WORK NOW..**ORGANIZATIONAL CITIZENSHIP** HAS BEEN A KEY FEATURE TO ORGANIZATIONAL SUCCESS..?
- HOW DOES REMOTE AND INDIVIDUALIZED WORK PATTERNS EFFECT **JOB SECURITY** AS IT RELATES TO ONES **PSYCHOLOGICAL SENSE OF SAFETY**..?
- HOW IS **PERFORMANCE EVALUATION AND PROMOTABILITY** EFFECTED BY VARIATIONS IN BLENDED WORK STYLES..?
- HOW DOES THE NEW WORK WORLD IMPACT **WORK-LIFE BALANCE**..?

## Job Characteristics Model



A BETTER MODEL  
TO CONSIDER  
WHEN ENGAGED  
WITH  
**PROFESSIONAL  
DEVELOPMENT**



PROFESSIONAL  
DEVELOPMENT  
SHOULD ELEVATE  
SKILLS AS WELL  
AS

**CHALLENGE  
LEVELS OF  
WORK  
ASSIGNMENTS**

Csikszentmihalyi (1975)

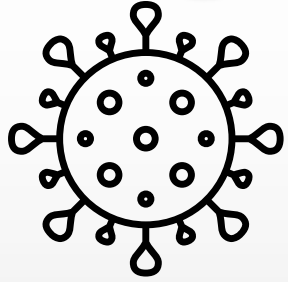


COMPARATIVE  
INSTITUTIONAL  
EXAMPLE  
**DEMONSTRATED  
POTENTIAL**

How To Demonstrate Your Leadership Potential

Forbes Coaches Council

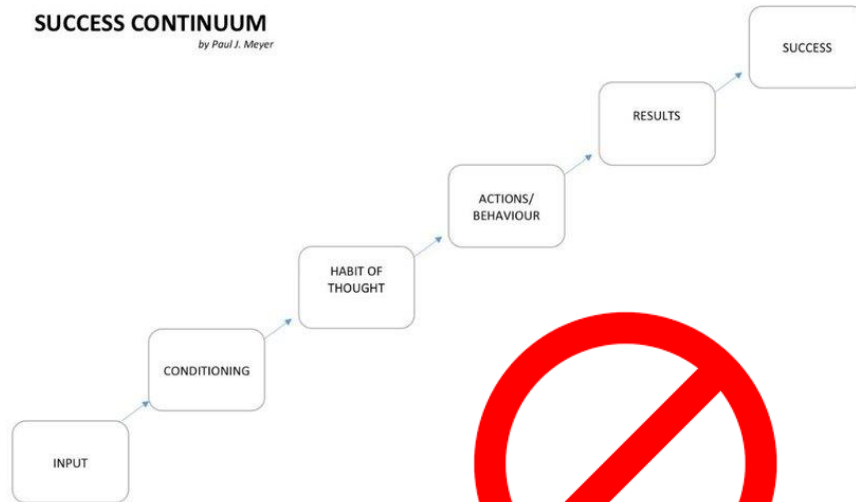




**OPPORTUNITY TO  
RE-IDENTIFY  
PROFESSIONAL  
& PERSONALLY**



**SUCCESS CONTINUUM**  
*by Paul J. Meyer*



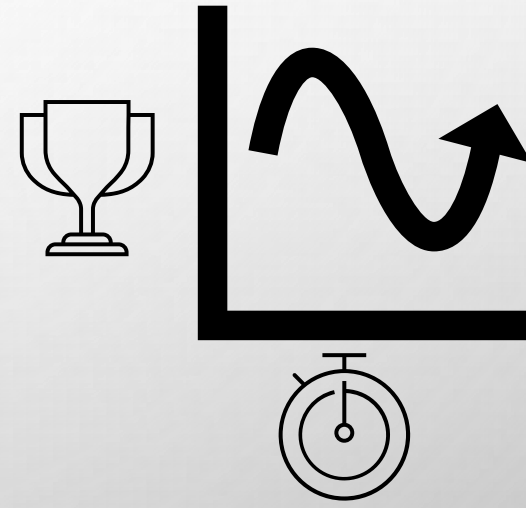
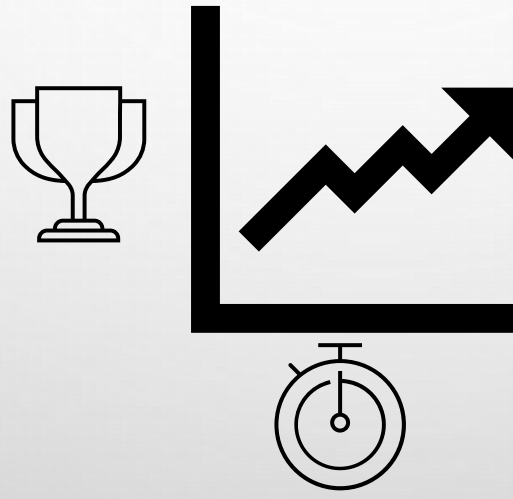
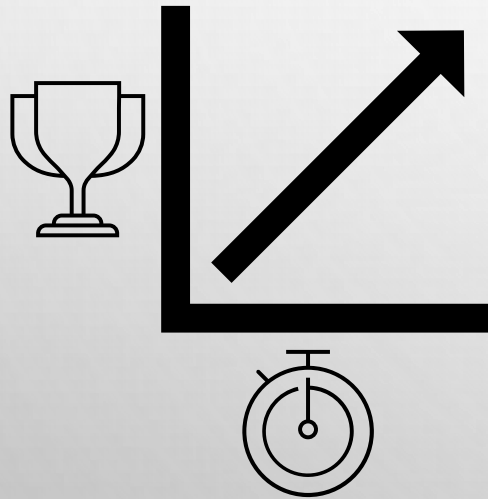
PEN WILLIAMS

# **RE-IDENTIFY** WITH A BETTER LIFE COURSE MODEL

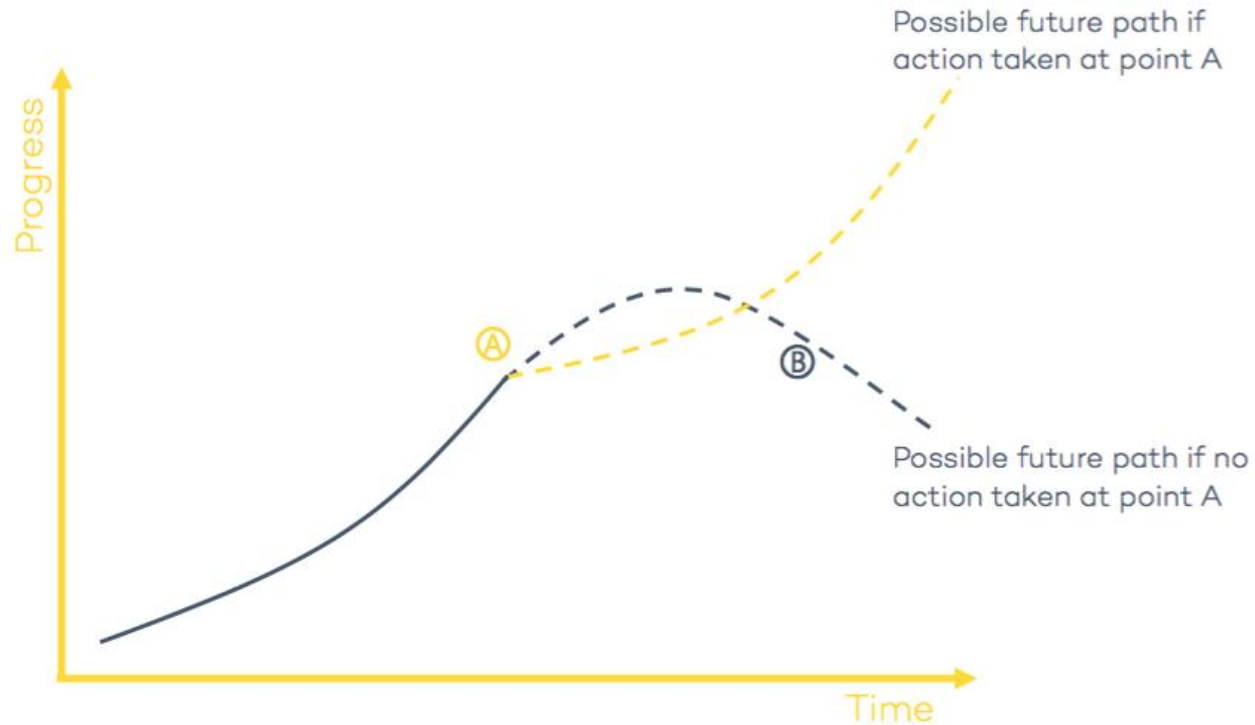


# MENTAL WORK/LIFE-MODELS

## THE SUCCESS CONTINUUM



## The Second Curve – Charles Handy



Charles Handy (2015) – The Second Curve: Thoughts on Reinventing Society

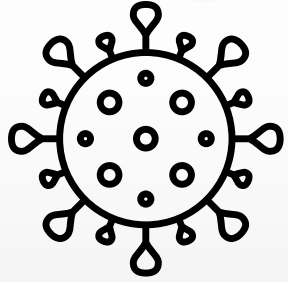
# RE-IDENTIFY WITH A NEW LIFE COURSE MODEL

# RE-IDENTIFY THROUGH CHARACTER BUILDING

The VIA Classification of 24 Character Strengths



ViaCharacter.org

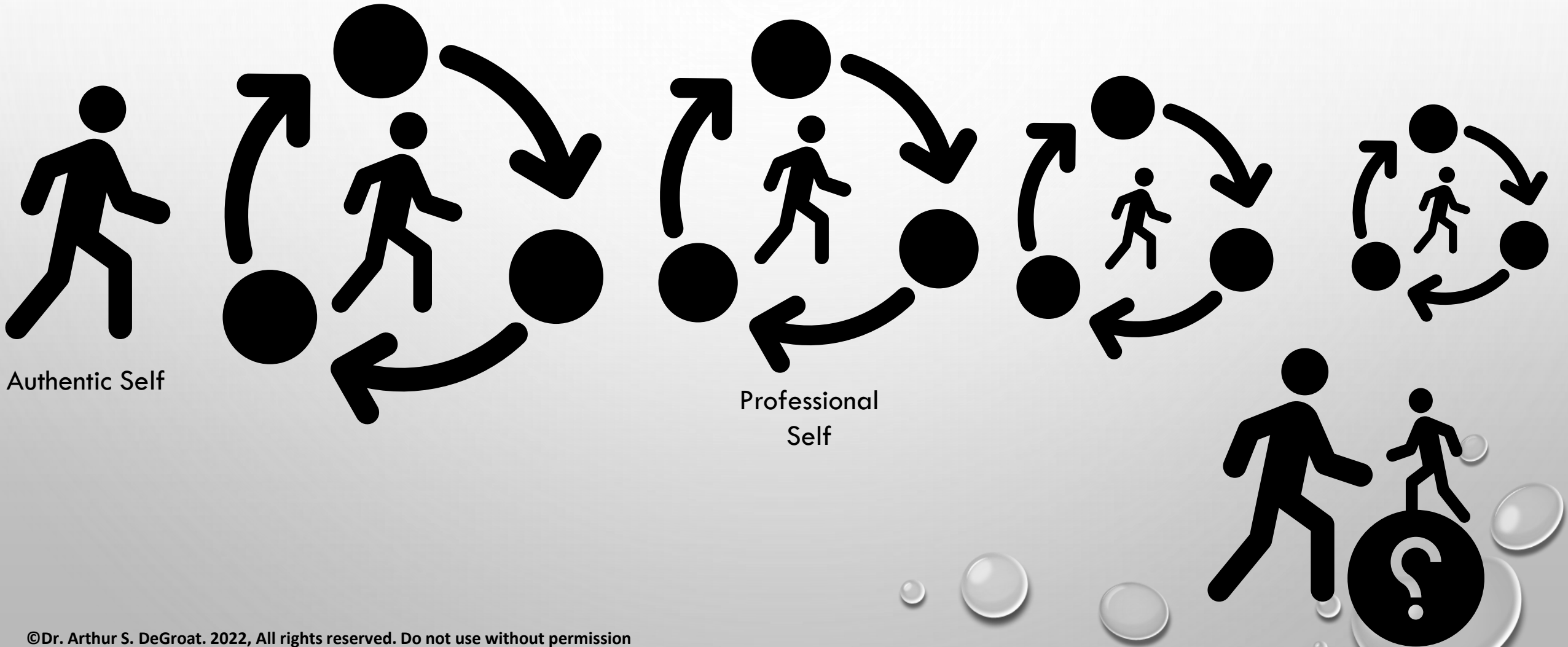


**OPPORTUNITY TO  
RE-FRAME  
PROFESSIONAL  
& PERSONALLY**

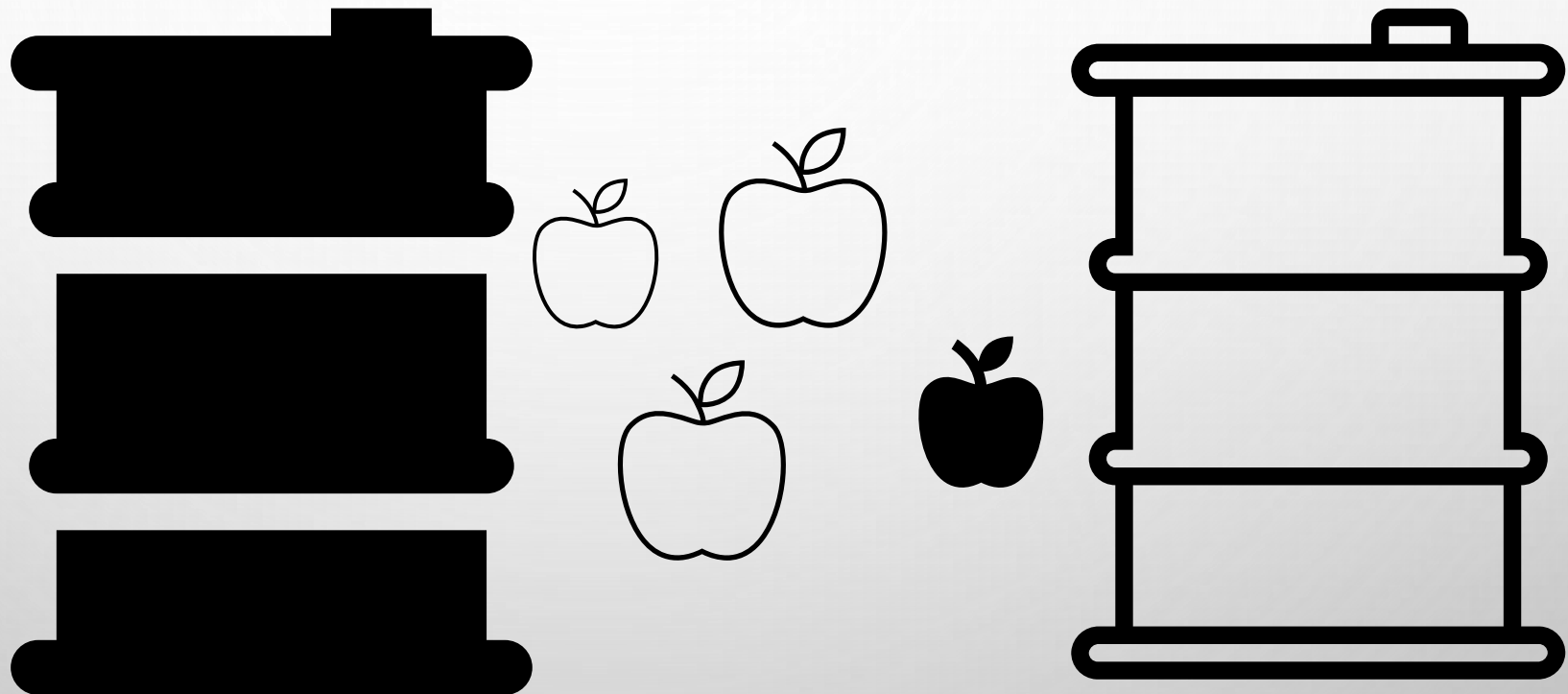


# RE-FRAME YOURSELF

## Dave's Law on Organizational/Institutional Socialization



# **RE-FRAMING** - TO WHAT EXTENT DOES OUR INSTITUTION SHAPE US BEFORE/AFTER THE PANDEMIC?



The relationship between the apples and the barrel are changing in all directions

CAREER  
THEORY &  
MOBILITY  
**CROSS-  
BOUNDARY  
MAY BE A  
NEW  
NORMAL**



# RE-FRAMING HOW WE INFLUENCE OTHERS IN A POST-PANDEMIC WORLD

## 6 Principles of Persuasion



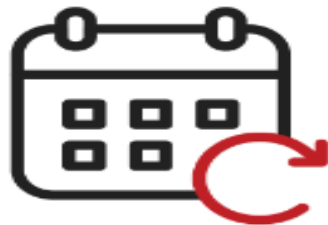
RECIPROCITY



SCARCITY



AUTHORITY



CONSISTENCY



LIKING



CONSENSUS



INFLUENCE AT WORK

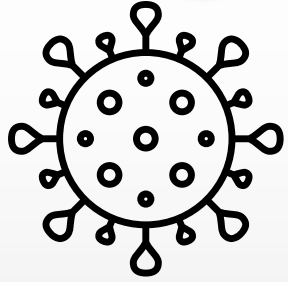
*Proven Science for Business Success*

**Dr. Robert Cialdini**

Renowned Scientist

*New York Times Best-Selling Author*

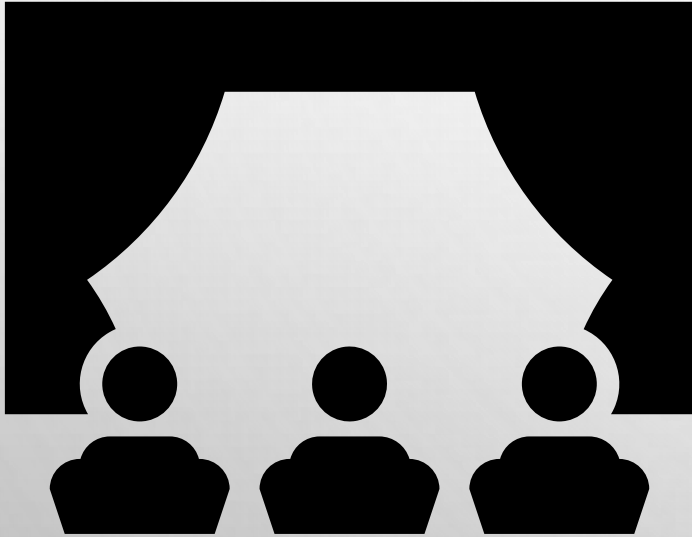




**OPPORTUNITY TO  
RE-ENERGIZE  
PROFESSIONAL  
& PERSONALLY**



# RE-ENERGIZE YOUR PROFESSIONAL/PERSONAL SELF THROUGH THE ARTS



## Aesthetic Intelligence What Business Can Learn from the Arts

**business  
w@rm**

ASSESSING THE INTRINSIC  
IMPACTS OF A LIVE PERFORMANCE

Commissioned by SA Majeur University Presents  
January 2007

OLAVS BRONEN  
JENNIFER NEVILL

 ENGAGE

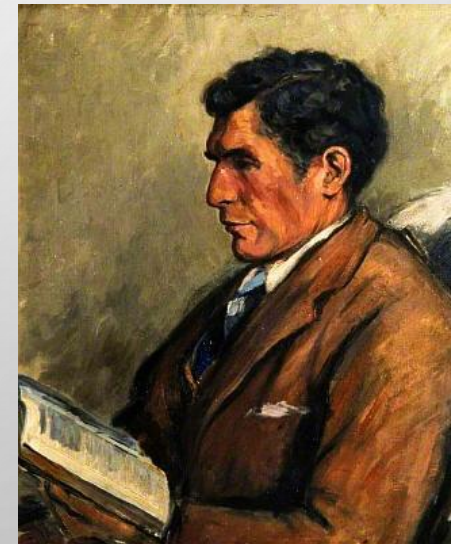
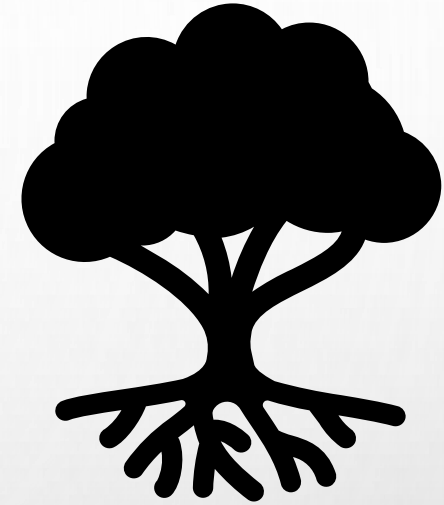


**TheCaseSolutions.com**  
Number 1 in Case Solutions

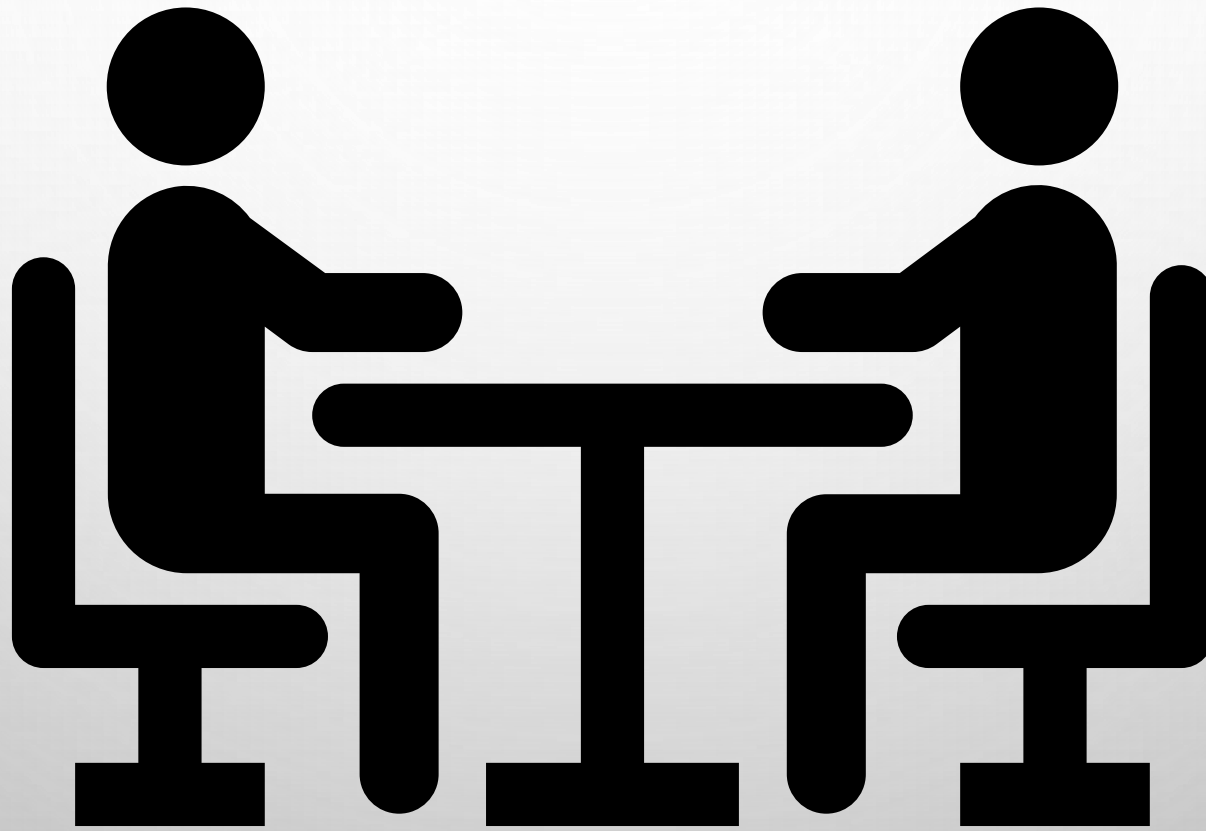


**RE-ENERGIZE** YOUR  
PROFESSIONAL/PERSONAL  
SELF  
THROUGH NATURAL  
EXPERIENCES

- **WALKING** IN NATURE AS PRIMARY SOURCE OF CREATIVITY
- NATURE AS MEANS FOR **EXPANDING PERSONAL HORIZONS/PERSPECTIVE**
- NATURE AS A SOURCE OF **HUMILITY**
- NATURE AS A SOURCE OF **ENERGY**



# DISCUSSION..

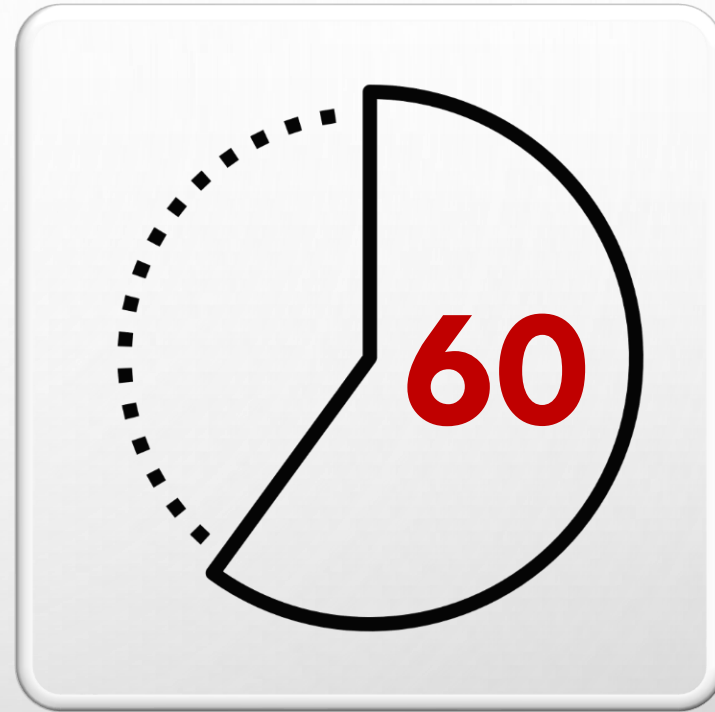


**The Greatest Thing In The  
World Is To Know How To Belong  
To Oneself.**

**~ MICHEL DE MONTAIGNE ~**



**Statustown.com**



**A GIFT..**

# MY 30 @ 60 PERSPECTIVE

REAP WHAT YOU **SOW** // **ACCEPTANCE** IS NOT APPROVAL // **BOUNDARIES** CAUSE WARS //  
DEVELOP **SELFHOOD** // **SELF-DISCLOSURE** BUILD TRUST // DIVERSITY DOES NOT EQUAL **INCLUSION** //  
EQUALITY IS NOT THE SAME AS **EQUITY** // **HOMEWORK** IS A LIFELONG PRACTICE //  
THE CURRENCY OF LIFE IS **EXPERIENCE-NOT \$\$** // A SENSE OF **SECURITY** IS A CONTRIVED RATIONALIZATION  
TO REAL RISK // **CHARACTER & INTEGRITY** MATTER MOST IN LIFE // **CARPE EVERY DIEM** // **HUMILITY** IS  
ESSENTIAL TO SHARING A COMMON HUMANITY // LONELINESS IS A BAD FORM OF **SOLITUDE** // PHYSICAL &  
PSYCHOLOGICAL **SAFETY** DEMANDS VIGILANCE AND COURAGE // YOUR BEST SOURCE OF ADVICE IS YOUR  
**INNER VOICE** IF YOU LISTEN // A **TRIBE** OF THE WILLING IS STRONGER THAN ONE OF BLOOD // **COMFORT**  
CAUSES CORROSION // **PEOPLE** ARE ALWAYS MORE IMPORTANT THAN MISSION // KNOW WHEN TO **RETREAT**  
TO LIVE TO FIGHT ANOTHER DAY // **TIME** IS INFINITELY MORE VALUABLE THAN \$\$ // SYMPATHY DOES NOT  
EQUAL **EMPATHY** // **REPUTATION** MATTER MORE THAN LEGACY // THE MEANINGS OF LIFE CANNOT BE FULLY  
UNDERSTOOD WITHOUT A **NATURAL AND AESTHETIC APPRECIATION** // **ADVERSITY** IS AN OPPORTUNITY TO  
BE BITTER OR BETTER // PRACTICE **FORGIVENESS** WITH ACCOUNTABILITY // KEEPING YOUR **ENEMIES** CLOSE IS A  
LOT OF WORK—BETTER TO NOT KEEP ENEMIES // **MORALE COURAGE** DEMANDS **SELF-**  
**CONFIDENCE** // SOMETIMES THE BARREL SPOILS THE APPLES—RETAIN YOUR FREEDOM OF **MOBILITY**

**SEMPER INVICTUS - ALL GOOD THINGS REQUIRE PERSEVERANCE**

Arthur S. DeGroat, II